

4 Easy Indoor Activities to Do with Your Child

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Finding fun indoor activities for your children can be challenging. When the cold weather is in full swing, the last thing any parent wants is their child to be bored indoors.

Don't worry! Now you have 4 easy activities that you and your child can do together – perfect for cold weather, rainy afternoons, or any time where your family is together.

Want to take things to the next level? You can use these activities for the *Ultimate Indoor Throwdown*!

You and your entire family can all participate in this awesome competition! You can find instructions on how to play the Ultimate Indoor Throwdown at the end of this document.



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Crafts

1 >>> Emoji Mask (15 minutes)

What does it look like?





What do we need?

- Assorted colors of cardstock or scrapbook paper for larger circles
- Popsicle sticks
- Scissors
- Glue sticks
- Hot glue
- Circle stencil for masks (optional) such as a bowl, frisbee, etc.

- Give your child a sheet of yellow cardstock to serve as the background for their emoji face.
- Have them cut out a large circle. Assist your child with tracing and cutting circles.
- Demonstrate how to make basic shapes (mouths, eyes, hearts...) by cutting cardstock.
- Have your child cut out shapes for their masks. (Try to use scraps rather than new sheets of cardstock)
- Now it's time to glue their shapes onto their masks! Assit your child gluing their shapes on their maskes with the hot glue gun or glue sticks.
- Assit your child using the hot glue gun to attach their mask to a popsicle stick.
- You're done! You're ready to be your favorite emoji!



2 >>> Lava Lamp (15 minutes)

What does it look like?



What do we need?

- Mason Jars
- Water
- Vegetable Oil
- Food Coloring
- Alka-Seltzer Tablets

- Have your child fill the jar 1/3 of the way with water.
- Then fill the rest of the jar with vegetable oil and leave a little room at the top.
- Have your child add any food coloring they like to the jar. (Be careful! If you mix too many colors in, your jar may appear muddy and brown)
- Lastly add Alka-Seltzer Tablets to the jar. Add one at a time and watch the bubbles get bigger and go faster.
- Find the perfect place for your lava lamp! (Like your child's bed-side table or book shelf)



Recipes

3 >>> Pizza Cupcakes (25 minutes)

What does it look like?





What do we need?

- Wontons wrappers (You can also use crescent rolls as a more affordable option)
- Pizza sauce
- Mozzarella cheese

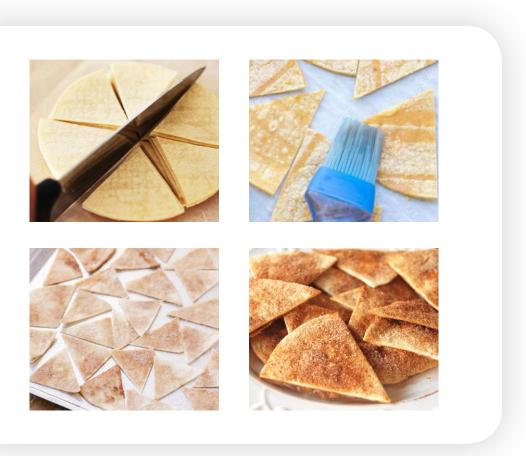
- Mini pepperonis (optional)
- Muffin tins
- Nonstick Spray
- · Convection oven
- Oven Mitts

- Spray muffin tins with non stick spray.
- Have your child press their first wonton wrapper into the bottom of one muffin tin space.
- Put one spoonful of pizza sauce into the wonton.
- Sprinkle mini-pepperonis into each wonton.
- Have your child press a second wonton on top of pizza sauce and put sauce into it just as they did the first. It should be like a double decker with the wontons creating layers.
- After the sauce, allow your child to sprinkle cheese and mini-pepperonis on top.
- Bake for 15 minutes.
- Allow 2-3 minutes to cool and ENJOY!



4 >>> Cinnamon Tortilla Crisps (20 minutes)

What does it look like?



What do we need?

- 6 tablespoons of unsalted butter
- 1 tablespoons of sugar
- 3/4 tablespoons of ground cinnamon
- Flour Tortillas
- Cutting Knife

- Measuring Cup and Spoons
- Kitchen Brush or spoon (for brushing on butter)
- Large Bowl
- Baking Pans

- Stir together butter, sugar, and cinnamon in a bowl.
- Brush tortillas with cinnamon sugar/butter mixture
- Cut each into 8 wedges.
- Arrange wedges in a single layer on a baking sheet.
- Bake at 350°F until crisp, 10 to 12 minutes.
- · Let chips cool before serving and ENJOY!



Ultimate Indoor Throwdown

Bring things to the next level! Turn these 4 indoor activities into a fun competition that your whole family can participate in using the following guidelines.

Anyone in your family can compete in the Ultimate Indoor Throwdown! Once you bring everyone who wants to play together, explain the following rules:

- **1.** Follow the previous instructions above and complete the Emoji Mask, Lava Lamp, Pizza Cupcake, and Cinnamon Tortilla Crisp activities one activity at a time.
- **2.** After all family members complete each project, go around in a circle and award each family member with points using the following system:
- **3.** For each family member, the rest of the family will mutually decide if they've earned the total number of points for each category:
- Completion (5 points)
- Creativity (10 points)
- **Positivity** (10 points)
- Family Involvement (15 points)

Use these guidelines to decide if a family member has earned their points for each activity:

- **Completion:** The activity was completed and the family member followed the instructions correctly. They have an end result that is recognizable and complete!
- **Creativity:** Did the family member think outside the box? Did they bring their project to the next level? Did they make their project stand out from the rest?
- Positivity: Did the family member stay positive during the activity? Did they actively encourage and uplift other family members? Did



they refrain from cheating in any way?

• **Family Involvement:** Did they work together with other family members? Did they share their project on social media and tag other family members? Are they being fair when it comes to giving other family members points?



Award each family member with an amount of points for each category, up to the maximum. Use this guide and award points for each of the four activities!

4. Whoever has the most points after completing all four activities... **WINS!** Don't forget to give the winner an exciting prize. Here are some ideas...

- The winner gets to go to their favorite restaraunt for dinner
- The winner gets to choose the next movie your family watches
- The winner gets to plan your family's next free Saturday!

Don't forget – There may only be one winner, but the important thing is that your family had a ton of fun and made lasting memories.









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